



REGISTRATION FOR 2018-2019

· CLASS OF 2019 - JUNIORS ·



LCC COUNSELORS

MS. FAST MEDLEY

E, G - K & AVID

MRS. HERNANDEZ-CYR

B, O - SI & EL

MS. MARTINEZ

A, F, L - N

MRS. MUSEL

C, D, SJ - Z

MRS. MENDEZ

SECRETARY

**CONFIDENTIALITY
IS IMPORTANT TO US**

WE MUST BREAK CONFIDENTIALITY IF SOMEONE IS HURTING YOU,
YOU WANT TO HURT SOMEONE OR YOU WANT TO HURT YOURSELF.

ACCESSING YOUR COUNSELOR

WHY?

General questions, High School Graduation, College Entrance, SAT/ACT, Scholarships, Social-Emotional Concerns, Academics, Etc...



WHEN?

Before school, break, lunch or after school (non-class time) or by appointment through the counseling secretary.

Please make an appt. if you would like to meet with us with a parent/guardian.

YOUR TRANSCRIPT

La Costa Canyon HS					Credit Att: 30.00 Cmp: 30.00 TGPA: 2.67						
p	E1502	English 9 HP	B	5.00	5.00	Grade 11 Fall 2016-2017					
p r	G5681	Spanish 1 P	C	0.00	0.00	La Costa Canyon HS					
p	K7656	IntroEng DesignP	B	5.00	5.00	p	B6552	Draw/Desgn P	B	5.00	5.00
p	M2592	Int Math I P	B	5.00	5.00	p	E1531	English 11 P	A	5.00	5.00
*	P0505	YearOnePE/Hlth	A	5.00	5.00	p	G5682	Spanish 2 P	C	5.00	5.00
p	R4562	Biology I P	C	5.00	5.00	p	M2596	Int Math III P	B	5.00	5.00
Credit Att: 25.00 Cmp: 25.00 TGPA: 3.00					p	R4566	Physics P	B	5.00	5.00	
Grade 9 Spring 2014-2015					p	S3561	US History P	B	5.00	5.00	
La Costa Canyon HS					+ p	S3653	AP Psych	B	5.00	5.00	
p	E1502	English 9 HP	B	5.00	5.00	Credit Att: 35.00 Cmp: 35.00 TGPA: 3.14					
p r	G5681	Spanish 1 P	D	0.00	0.00	Grade 11 Spring 2016-2017					
p	K7656	IntroEngDesignP	D	5.00	5.00	La Costa Canyon HS					
p	M2592	Int Math I P	C	5.00	5.00	p	B6552	Draw/Desgn P	B	5.00	5.00
*	P0505	YearOnePE/Hlth	A	5.00	5.00	p	E1531	English 11 P	A	5.00	5.00
p	R4562	Biology I P	C	5.00	5.00	p	G5682	Spanish 2 P	C	5.00	5.00
Credit Att: 25.00 Cmp: 25.00 TGPA: 2.40					p	M2596	Int Math III P	B	5.00	5.00	
Grade 10 Fall 2015-2016					*	P0662	PE Credit/Ath	P	5.00	5.00	
La Costa Canyon HS					p	R4566	Physics P	C	5.00	5.00	
p	B6562	F/A DigiPhoto	C	5.00	5.00	p	S3561	US History P	B	5.00	5.00
p	E1522	English 10 HP	C	5.00	5.00	+ p	S3653	AP Psych	A	5.00	5.00
p	G5681	Spanish 1 P	C	5.00	5.00	Credit Att: 40.00 Cmp: 40.00 TGPA: 3.14					
p	M2593	Int Math II P	D	5.00	5.00	--WORK IN PROGRESS--					
p	R4564	Chemistry P	C	5.00	5.00	La Costa Canyon HS					
+ p	S3553	AP World Hist	C	5.00	5.00	p	E1541	English 12 P		10.00	0.00
Credit Att: 30.00 Cmp: 30.00 TGPA: 2.00					p	G5683	Spanish 3 P		10.00	0.00	

r = Repeated course

+ = Weighted course

* = non academic

p = College prep course
UC/CSU approved

THIS IS YOUR PERMANENT RECORD
IT IS IMPORTANT TO MAKE SURE IT REPRESENTS
YOU WELL FOR LIFE AFTER HIGH SCHOOL

GRADUATION STATUS

- Health is required to graduate
- PFT is required for Athletic PE, but not for graduation
- World language is not a grad requirement/required for 4 yr admissions
- A *D* is a passing grade for high school (a *C* for math and Language)
- A *C* is the minimum to be eligible to apply to college

			Date	Test Taken	Score	CREDIT SUMMARY			
			Comp	Health Req	Y	Subject Area	Credit Req'd	Compl	Needed
	Weighted	Non-Wgtd							
Acad GPA (9-12)	2.68	2.56				English	40.00	30.00	10.00
Acad GPA (10-12)	2.77	2.62				Mathematics	30.00	30.00	-
Total GPA (9-12)	2.75	2.64				Social Science	30.00	20.00	10.00
Credit Attempted:	185.00					Physical Education	20.00	15.00	5.00
Credit Completed:	185.00					Physical Science	10.00	10.00	-
						Life Science	10.00	10.00	-
						Fine/Performing Art	10.00	10.00	-
						Practical Art	10.00	10.00	-
District Enter: 8/28/2012						Elective	70.00	50.00	20.00
School Enter: 8/26/2014						* TOTALS *	230.00	185.00	45.00
Class of 2018									
State ID# 7112797446									

California Systems of Higher Education

- California Community Colleges (CCC) 100%
- California State University (CSU) 90%
- University of California (UC) 27%
- Private and Independent Colleges VARIES



percentages based on GPA of 2017 senior class

COMMUNITY COLLEGE

- High School Diploma or be 18 years old
- No SAT or ACT required
- Certificate programs, AA, or transfer
- Approximately 26% of LCC students attend community college each year.
- What are some of the advantages?

UC/CSU A-G REQUIREMENTS

A. History/Social Science	2 years required
B. English	4 years required
C. Mathematics	3 years required (4 yrs. recommended)
D. Laboratory Science	2 years required (3 yrs. recommended)
E. Language other than English	2 years required (3 yrs. recommended)
F. Visual and/or Performing Arts	1 year required
G. College Preparatory Elective	1 year required

All courses must be completed with 'C' grade or higher each semester

NEW SAT VS. ACT

SAT AND ACT both serve the same purpose for College Admissions.
There is absolutely no preference for either, from the perspective of the admissions offices.

Number of Sections

4 (English Writing, Reading, No-Calculator Math, and Calculator Math) plus optional essay.



Number of Sections

4 (English, Math, Reading, and Science) plus optional essay.

Scoring

Two scores (English and Math) are 200-800 points each for a total of 400-1600.

No penalty for wrong answers.

Essay score (2-8) is counted separately from main score.



Scoring

Each section is 1-36 points and averaged to give a total score of 1-36.

No penalty for wrong answers.

Essay score (1-6) is counted separately from main score.

It is recommended that you take the optional essay part for SAT and/or ACT.

REGISTER NOW!

SAT

ACT

	February 10
March 10*	
*no subject tests offered on this date	April 14
May 5	
June 2	June 9

collegeboard.com

actstudent.org

Fee waivers available. Score choice. Super score. Sending scores. Free test prep.



COURSE SELECTION

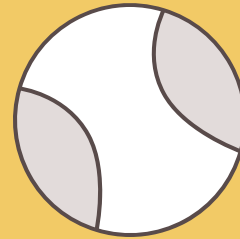
REGISTRATION FORM



ENGLISH - MUST
SOCIAL SCIENCE- MUST
MATHEMATICS -MUST OR MAY
SCIENCE- MUST OR MAY

PHYSICAL EDUCATION OPTIONS

- * Team Sport PE (ex: football, baseball, cheer)
- * ISPE
 - Application required online
 - Must apply before school starts-see deadline-sduhsd.net
- * ISMPE Must be in a band class and complete fall marching band season
- * Athletic PE - see next page



ATHLETIC PE

- ONLY AVAILABLE FOR CIF SPORTS WITHOUT TEAM PE CLASSES
- CONTRACT REQUIRED
-
- SEE ATHLETIC WEBPAGE
- MUST SUBMIT IMMEDIATELY AFTER MAKING TEAM
- 5 CREDITS PER SEASON

ELIGIBLE SPORTS

M/W Water Polo

M/W Soccer

M/W Lacrosse

M/W Golf

M/W Swimming & Diving

M/W Tennis

M/W Volleyball

Gymnastics

Field Hockey

M/W Track and Field

M/W Cross Country

Softball

REMAINING COURSES

Choose remaining courses with alternates to complete your program. Write the course number and title. Write them in the order of preference, with the first course as the one you want the most first.

	Course #	Course Title
1 st	G5683	Spanish III P
2 nd	B6581	Video/Film P
3 rd	A7649	Exp. Computer Science P
4 th	E1662	Speech and Debate
You Must Select 3 Alternates for Elective Classes		
Alt.	B6554	Sculpture P
Alt.	K7655	Principles of Engineering P
Alt.	E1651	Journalism



INTERNATIONAL BACCALAREATE (IB)

According to the IB, the programs “develop the intellectual, personal, emotional and social skills needed to live, learn and work in a rapidly globalizing world.” IB courses are known for being more challenging and encouraging students to think critically.

You will:

- be encouraged to think independently and drive your own learning.
- become more culturally aware.
- be able to engage with people in an increasingly globalized, rapidly changing world.
- take IB and AP exam for possible university credit
- earn a weighted grade



NEW COURSES

2018-2019

Electives

Peer Assistant Listeners (PALS)

MIDI Compsoion (electronic recording)

Digital Art & Design I P

Adv. Digital Art & Design II P

20th Century Popular Culture

Sous Chef (Instructor approval)

Fashion Design II

Academic Survival

IB Environmental Studies SL



IB = International Baccalaureate SL = Standard Level

OFF CAMPUS COURSES

- YOU ARE ENCOURAGED TO TAKE ALL YOUR COURSES AT LCC.
- MUST BE PRE-APPROVED BY YOUR LCC COUNSELOR (OCF REQUIRED).
- STUDENTS ARE LIMITED TO 30 CREDITS OFF-CAMPUS TOTAL.
- KEEP IN MIND STUDENTS CANNOT TAKE VPA, PE, OR LAB SCIENCE COURSES ONLINE FOR CREDIT.

To verify that your online classes are accepted by UC (a good standard to follow) schools check UC Course List for LCC.

THINGS TO CONSIDER

- Grades of "C" or higher are needed in second semester to continue on in higher level world language and math classes.
- Course Profiles are available for honors, AP, and elective courses on the LCC counseling web page.

Consider your:

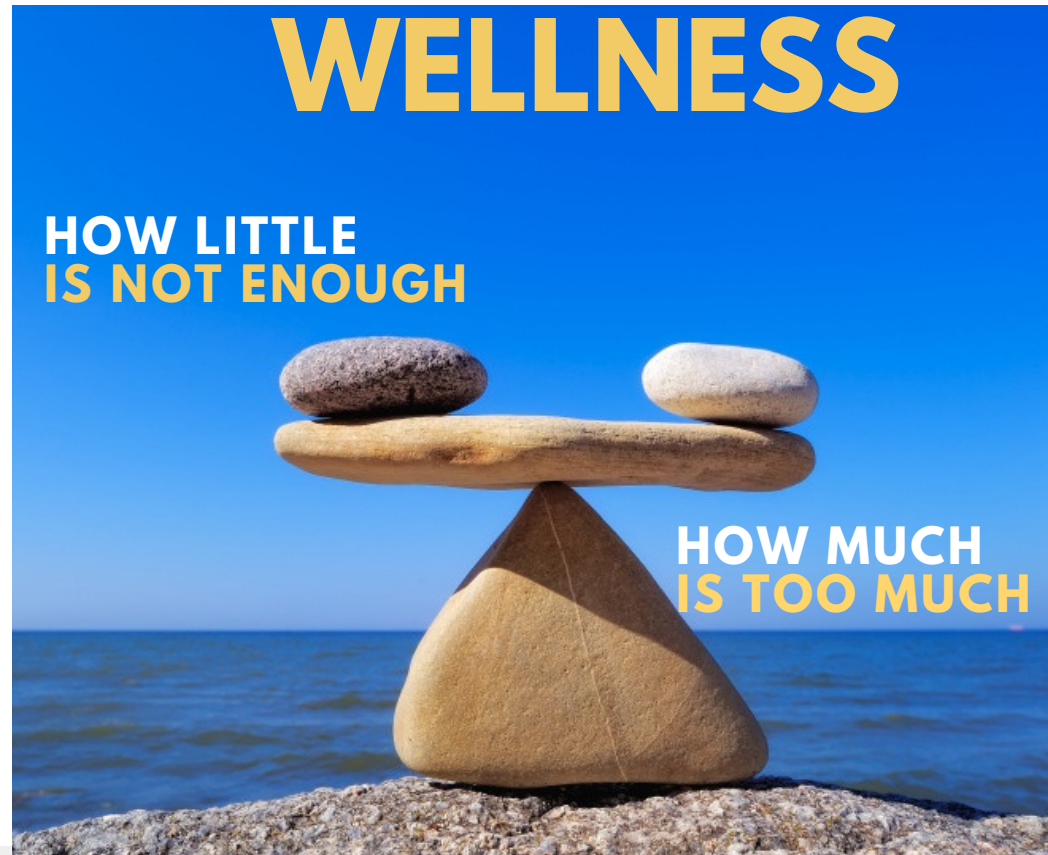
- Personal interest/Motivation
- Work and study habits
- After school activities

BALANCE AND

WELLNESS

HOW LITTLE
IS NOT ENOUGH

HOW MUCH
IS TOO MUCH



INSTRUCTIONAL MINUTES



We encourage students to take advantage of all 7 periods.
Some students may choose to take 7, 6 or 5 classes.
If you have an unscheduled period, you must be off campus.

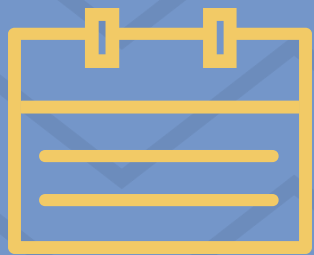
6 classes

The unscheduled period can be
EITHER 1,2 or 7

5 classes

The unscheduled period **MUST**
be period 1 AND 2

If you sign up for an unscheduled period we must have a
parent/guardian signature on file.



SCHEDULE CHANGES

Read the Schedule Adjustment Guidelines and choose your courses wisely.

All classes are YEAR-LONG.

Schedule changes will *not* be made to accommodate:

- teacher requests
- off-campus classes
- extracurricular and athletic activities.

Mandatory schedule changes *will* be made for students who:

- Complete an approved summer school course.
- Earn a D or F in math or world language second semester this year.
- Need a specific course to meet a requirement to graduate.

SCHOOL BUSINESS DAYS

Adding/Dropping courses: during School Business Days (August) is considered if:

1. It improves the integrity of your schedule for graduation or college eligibility purposes.
2. There is space available in an elective class during the same period as the dropped course.

After the first day of school, requests will require a conference with an administrator. If approved, the student may be required to make up missed work.



LEVEL CHANGES

Only if space available. We hire teachers based on your sign-ups.

When?

The first 4 weeks of each semester

Why?

**AP/Honors > College Prep
College Prep > AP/Honors**

How?

**Talk to your teacher,
parent/guardian, and counselor**

REGISTRATION CONTRACT & ONLINE REGISTRATION



- Use the contract to prepare for online course selection.
- Follow the tip sheet hand out for instructions .
- You must choose your courses online BEFORE you meet with your counselor to review your choices. We will be verifying that you entered them in the computer correctly.

May 11th is the last day to make schedule adjustments with your counselor.

WHEN WILL I MEET WITH MY COUNSELOR?

You **MUST** bring your completed and signed (by both you & parent/guardian) course selection contract to your English class on:

Current 11th Grade

Friday, February 23rd : 1 , 3 , 5

Monday, February 26th 2 , 4 , 6 , 7

You will meet individually with your counselor at this time. It is very important that you have alternates for each elective class chosen.

SUMMER SCHOOL

A person in a dark wetsuit is surfing on a white wave in the ocean. The water is a deep blue-green color, and the wave is breaking to the right, creating white foam. The surfer is in the center of the frame, riding the wave.

Invitation only to SDUHSD summer school classes if you are short credits for graduation.

If you plan on attending 4- year college and you earn a D or F grade, it is recommended you go to summer school .

Please see your counselor if you would like to consider an off-campus course.

CAREER EXPLORATION

californiacolleges.edu

The screenshot shows the top navigation bar of the California Colleges.edu website. On the left is the logo for California Colleges.edu with the tagline "DISCOVER. PLAN. LAUNCH." Below the logo are two main sections: "CAREER EXPLORATION" and "CAREER SEARCH". Under "CAREER EXPLORATION" are links for "Interest Profiler", "Multiple Intelligences", and "Do What You Are". Under "CAREER SEARCH" is a link for "Career Search Tool". On the right side of the navigation bar are links for "My Plan", "College", "Career", and "Financial Aid". The "Career" link is highlighted with a blue underline and a red arrow pointing up to it.

CALIFORNIA COLLEGES.edu
DISCOVER. PLAN. LAUNCH.

My Plan College **Career** Financial Aid

CAREER EXPLORATION

Interest Profiler
Multiple Intelligences
Do What You Are

CAREER SEARCH

Career Search Tool

bigfuture.collegeboard.org

BigFuture™

Get Started ▾

Find Colleges ▾

Explore Careers ▲

College Majors

Careers

COLLEGE EXPLORATION



CALIFORNIA
COLLEGES.edu
DISCOVER. PLAN. LAUNCH.

My Plan College Career Financial Aid

COLLEGE EXPLORATION

College Search Tool
College Options in California
Systems of Higher Education

MAJOR EXPLORATION

Major Search Tool
Your Program and Major Options

APPLY TO COLLEGE

Application Types Overview
The College Application Process

Apply from CaliforniaColleges.edu

California State University Application
California Community Colleges Application

Other Applications

University of California
Common Application

BigFuture™

Get Started

Find Colleges ▲ Exp

College 101

Finding Your College Fit

Campus Life

Academic Life

Campus Visit Guide

College Search

Compare Colleges





COLLEGE SEARCH

You can use the resources on CaliforniaColleges.edu to both research colleges and create a list of your favorites and those that you are planning on applying to.

Go to CaliforniaColleges.edu.

Make an account for free by clicking on the lock icon at the top right corner.

Use the College Search Tool to research colleges. You can use a variety of filters to search, including type of environment, size, degree options, and more.

Once you find a college that you are interested in, make sure to favorite it by clicking the heart icon.

Your favorite colleges appear within your College List in My Plan.

GET IMPORTANT UPDATES AND REMINDERS FROM COUNSELING



Text @LCCHS2019 to 81010



**Join code for class of 2019
counseling classroom = YWU9NW3**

SCHOLARSHIPS, COLLEGE VISITS, BRAG PACKET, ETC...

QUESTIONS?



Since we are currently busy with registration, the best time to see your counselor is during non-class time. We are also available by email if you prefer.

THANK YOU FOR YOUR TIME AND ATTENTION. 😊